

FIRST UNITED METHODIST CHURCH

**FALL CLASSES // 2019**  
**FILL IN**  
**YOUR**  
**BLANK**

**WORSHIP +** INSERT CLASS HERE

STARTING AUGUST 11

FUMCPensacola.com  

# FALL CLASSES // 2019

# FILL IN YOUR BLANK

In 2019, First Church is taking a year-long look at the importance of Christian Education in the life of a disciple and how we participate in Christian Education. As part of this focus, we are inviting everyone to Fill in Your Blank in 2019. This means that in addition to our Sunday worship, we are encouraging each person to pick (at least) one weekday class, Sunday School class, or Community Group to be a part of. At First Church we believe that growing in faith and knowledge is a lifelong process. And in order to for us to be challenged in our faith, grow in our understanding of the Bible, and become better disciples of Jesus Christ, we must engage in Christian Education.

Participants are welcome to join a class even after the start date. While registration for classes is not required, it is encouraged. Please use the provided form to register and return to the church office. Registration is also available online at [FUMCPensacola.com](http://FUMCPensacola.com).

## SESSIONS

- ① Session 1 | August 11 - October 2
- ② Session 2 | October 9 - November 13
- Ongoing

## ADDITIONAL INFO

- ✿ Childcare Available
- \$ Fee Required

## BIBLE STUDY

*These classes offer the opportunity to study God's Word and grow in our understanding of who God is and our relationship with God. In these classes, we use the Bible as the primary text. These classes can include book or topical studies.*

### Disciple Fast Track II ① ②

Sundays | 9:30am | The Wright Place, 2nd Floor, WP205

This study is ideal for busy people who want to fit in an in-depth Bible study into their schedule. It will help readers deepen their understanding of scripture and identify some needs in the world for which ministry is needed.

Led by Laura & Earl McAuley ✿ - Starts August 11

## YEAR OF CHRISTIAN EDUCATION FEATURED CLASS

### Monday Night Class ○

Mondays | 6:00pm | Perry Home, PH101

Come learn more about the ministry of Jesus from His baptism to His death, burial and the empty tomb as told by Gospel writer, Mark. Hosted by Monday Night Class. Led by Bill Bond. Starts August 19

### Joe Harrell Bible Study ○

Wednesdays | 7:00am | The Wright Place, Dining Room

While all are invited every Wednesday during the school year, we especially invite dads, retired men, men working

downtown...anyone who would like to join us for breakfast followed by a devotion and discussions on a variety of topics. Led by Mike Vance. Starts September 4

### Dad's Bible Study ○

Wednesdays | 7:30am | Panera Bread

All dads are invited for a time of Bible study and Christian fellowship with other dads. This study meets at Panera Bread by Cordova Mall. Led by Bill Bond. Starts August 14

### Women at the Well ① ②

Wednesdays | 10:30am | Perry Home, Parlor

This book and Bible-based discussion group for women of all ages studies a variety of topics throughout the year. Led by Cindy Smith. Starts September 11

### Bible with Brandon ① ②

Wednesdays | Noon | The Wright Place, Dining Room

Rev. Brandon Bures, Associate Pastor, leads participants in a weekly in-depth discussion of the upcoming lectionary passages for Sunday. Lunch is available for purchase. Led by Rev. Brandon Bures. Starts September 4

### Senior Pastor's Bible Study ① ②

Wednesdays | 6:00pm | Wesley Abbey

Join Senior Pastor, Wesley H. Wachob, as he leads a study of The New Testament with *A Beginners Guide to the New Testament* by William Barkley. ✿ - Starts August 21

### Covenant Bible Discussion ① ②

Wednesdays | 6:00pm | Perry Home, PH101

What the Word says about our relationship with God and how we keep that relationship thriving. Led by David Boyd. ✿ - Starts August 21

### Mom's Bible Study ① ②

Thursdays | 9:30am | Education Building, E207

All moms are invited to join us for our weekly Mom's Bible Study. Come join us for great discussions, friendship and faith building. Led by Lisa Bond. ✿ - Starts August 22

## CHRISTIAN LIVING

*These classes enrich and empower us to live healthy lives that honor God and call us into service.*

### Financial Peace University ① ②

Wednesdays | 6:00pm | Lower Sanctuary, LS117

Dave's proven money class will show you step-by-step how to create a budget, pay off your debt, make wise spending decisions, and save for the future. Led by Geoff and Stephanie Cook. 🙏💰 Starts September 4

### Parenting Speaker Series ①

Last Wednesday | August 28, September 25, October 30  
6:00pm | Lower Sanctuary, LS106

Join other parents as we explore ways to more effectively parent the children, tweens, and youth in our lives. Hosted by Children and Tween Parent Council. 🙏

### Marriage Class ① ②

1st Friday | September 6, October 4, November 1

5:30pm | Lower Sanctuary, LS117

Learn how to cultivate and enjoy a beautiful marriage rooted and grounded in Christ. Some of the topics will include what it means to have a shared vision, finding your true identity in Jesus, practices to confront unspoken expectations and conflict, allowing challenges to knit you together, keeping proper priorities while raising a family and spending time together. After class, parents will be given the opportunity to enjoy dinner together while we have a program for children. Led by Geoff and Stephanie Cook. 🙏

## FAITH FORMATION

*These classes focus on equipping believers to live as disciples of Christ.*

### Church History ① ②

Sundays | 9:30am | Perry Home, PH102

Church History: The story of the Church is the story of man's travel through the ages. Church history forms the foundation of who we are as today's Christians. Come take a "global view" of this history to better understand who we were and who we might become. Led by David Boyd.

🙏 - Starts August 11

### Centering Prayer ①

Mondays | 10:00am | Lower Sanctuary, LS120

This community group is an open group that meets weekly on Monday mornings from 10:00 to 11:00 to facilitate the deepening of our relationship with God and each other through the practice of centering prayer in order that we might be transformed into Christ's likeness for the transformation of the world. Led by Donell Seager. Starts August 19

### Lunch Bunch Group ①

4th Tuesday | 11:45am | Perry Home, Coffee House

This study and information group is sponsored by the United Methodist Women and participates in a variety of studies led

by various speakers. Participants are encouraged to bring a lunch or snack to share with the group. Led by Nettie Joseph.

Starts August 20

### Wednesday Reading Group ① ②

Wednesdays | 6:00pm | Perry Home, Parlor

Discussion of scripture and select writings from the Christian tradition. Readings vary from week to week. Previous authors read in this group include Augustine, Flannery O'Connor, C. S. Lewis, Blaise Pascal and G. K. Chesterton. Led by David Ramsey. 🙏 - Starts August 21

### Finding Your Voice in the Psalms ①

Wednesdays | 6:00pm | Lower Sanctuary, LS120

Using Liz Canham's book, *Finding Your Voice in the Psalms: An Invitation to Honest Prayer*, we will explore seven themes: hearing God's word in stillness and silence; finding stability in God's faithfulness; dealing with disappointment, anger, and pain; resting in God's grace; celebration creation; touching the holy in the ordinary; and discovering joy and learning to praise. Study of this book promises to deepen our relationship with God and teach us how to be more honest and authentic in our prayer to God. Led by Donell Seager.

🙏 - Starts August 21

### The Lord's Prayer ②

Wednesdays | 6:00pm | Perry Home, PH210

This study will explore how the Lord's Prayer sums up what Jesus was all about in His first-century setting. Wright locates the Lord's Prayer, clause by clause, within the historical life and work of Jesus and allows the prayer's devotional application to grow out of its historical context. The result is a fresh understanding of Christian spirituality and the life of prayer. Led by Donell Seager.

🙏 - Starts October 9

### God's Stories Group ①

2nd Thursday | 10:00am | Perry Home, Parlor

This group reads and discusses short stories from Christian and secular perspectives. All are invited to this study sponsored by the United Methodist Women. Led by Janice Anderson. 🙏 - Starts August 22

### Study of Prayer ①

4th Thursday | 10:00am | Perry Home, PH101

This group participates in various studies on prayer with a focus on growing in faith through prayer. This group is sponsored by the Ruth Braden and Eleanor Nichols group of the United Methodist Women. Led by Nancy Shealy.

🙏 - Starts August 22

### Grandparent Study ① ②

Thursdays | 10:30am | Lower Sanctuary, LS106

What can you, as a grandparent do to speak wisdom and godliness into your grandchildren's lives? This study gives you a biblical foundation for investing spiritually in them for Christ - from sharing with unbelieving grandkids to discipling them into a mature faith. Led by Jennifer Piver and Lisa Bond. (This class will not meet when other 50 Forward activities are scheduled) Starts August 15

## COMMUNITIES OF SUPPORT

*Everyone needs a community to support them in times of challenge, questioning and growth. These classes are here to support attendees in whatever season they are in. These classes are offered by our church and community.*

### GriefShare ① ②

**Sundays | 5:45pm | Perry Home**

If you've lost a spouse, child, family member, or friend, this group can help you through this challenging time when you feel isolated and have many questions about things you've never faced before. *Led by John Griffin. Starts September 8*

### Faith and Fitness ①

**Mondays | 5:00pm | Front Lawn**

A fitness and accountability group which focuses on strength training, cardiovascular fitness, and core exercises. *Led by Denise Van Atta. Starts August 19*

### Alcoholics Anonymous ①

**Monday - Saturday | Noon | Outreach Building**

Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Membership is open to anyone who wants to do something about his or her drinking problem. *Registration through Church is not required.*

### Over-Eaters Anonymous ①

**Monday - Wednesday | 6:00pm | WP205**

Overeaters Anonymous® is a fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer. *Registration through Church is not required.*

### Managing Life with Dementia ①

**2nd Tuesday | 1:00 - 3:00pm | LS106**

Caring for a family member or a close friend with dementia is so important, but can also be complicated. This education and support group is a wonderful place to find support and resource information on your caregiving journey.

**Starts August 13**

### Weight Watchers ①

**Wednesdays | 5:00pm | Lower Sanctuary, LS118**

Our proven program is not a diet. It's about living. Your best self isn't just about a magical number on the scale. It's about seeing food as fuel for a healthy life, finding ways to move more each day, and developing the skills to unlock your inner strength so you can make healthy choices for life. Yes, you will lose weight. But with Weight Watchers, you'll also gain a whole new perspective on getting – and staying – healthy. *Led by Paula McDuffy. Starts August 14*

### Co-Dependents Anonymous ①

**Thursday | 5:30pm | Franklin Building**

**Saturday | 9:30am | Franklin Building**

Co-Dependents Anonymous® is a program of recovery from codependence, where each of us may share our experience, strength, and hope in our efforts to find freedom where there has been bondage and peace where there has been turmoil in our relationships with others and ourselves. Co-Dependents Anonymous, a fellowship of men and women whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships. *Registration through Church is not required.*

### Narcotics Anonymous ①

**Thursdays | Noon | Franklin Building**

Narcotics Anonymous® offers recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. The name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. *Registration through Church is not required.*

### Cocaine Anonymous ①

**Everyday | Noon | Franklin Building**

Cocaine Anonymous is a Fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom. *Registration through Church is not required.*



FOCUS ON CHRISTIAN EDUCATION

# CLASSES BY DAY

## SUNDAYS

### Disciple Fast Track II

9:30am | The Wright Place, WP205

Led by Laura & Earl McAuley - 🙏 - Starts August 11

### Church History

9:30am | Perry Home, PH102

Led by David Boyd - 🙏 - Starts August 11

### GriefShare

5:45pm | Perry Home

Led by John Griffin - Starts September 8

## MONDAYS

### Centering Prayer

10:00am | Lower Sanctuary, LS120

Led by Donell Seager - Starts August 19

### Faith and Fitness

5:00pm | Front Lawn

Led by Denise Van Atta - Starts August 19

### Monday Night Class

6:00pm | Perry Home, PH101

Led by Bill Bond - Starts August 19

## TUESDAYS

### Lunch Bunch Group

4th Tuesday | 11:45am | Perry Home, Coffee House

Led by Nettie Joseph - Starts August 20

## WEDNESDAYS

### Joe Harrell Bible Study

7:00am | The Wright Place, Dining Room

Led by Mike Vance - Starts September 4

### Dad's Bible Study

7:30am | Panera Bread

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5:00pm | Lower Sanctuary, LS118

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6:00pm | Perry Home, PH101

Led by David Boyd - Starts August 21

### Senior Pastor's Bible Study

6:00pm | Wesley Abbey

Led by Dr. Wesley H. Wachob - 🙏 - Starts August 21

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6:00pm | Perry Home, Parlor

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### Parenting Speaker Series

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6:00pm | Lower Sanctuary, LS106

Hosted by Children and Tween Parent Council - 🙏

## THURSDAYS

### Mom's Bible Study

9:30am | Education Building, E207

Led by Lisa Bond - 🙏 - Starts August 22

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2nd Thursday | 10:00am | Perry Home, Parlor

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10:30am | Lower Sanctuary, LS106

Led by Jennifer Piver and Lisa Bond - Starts August 15

## FRIDAYS

### Marriage Class

1st Friday | September 6, October 4, November 1

5:30pm | Lower Sanctuary, LS117

Led by Geoff and Stephanie Cook - 🙏

# UPCOMING RETREATS

## **CHURCH-WIDE RETREAT** *"Refresh, Recalibrate, Reunite"*

Blue Lake | October 19 & 20, 2019

This twenty-four hour get away will give you and your family a time to refresh, recalibrate, and reunite. This year will feature guest speaker, Rev. Nathan Attwood. Visit [FUMCPensacola.com](http://FUMCPensacola.com) to register.

## **MAN UP - MEN'S RETREAT**

Orange Beach, AL | November 1 & 2, 2019

Creating a community with men of all ages who come together to study God's word and have some fun.

## **BREATHE - WOMEN'S RETREAT**

Destin, FL | February 21 & 22, 2020

This weekend retreat is a chance to fellowship with other church friends, focus on your Christian walk, to relax and hear God speak to you, and a chance to breathe. It is truly a retreat.



**NEXT COMMUNITY GROUP LAUNCH**  
OCTOBER 6, 2019

### **WHAT IS A COMMUNITY GROUP?**

Community Groups are intimate groups that commit to meet and connect with each other. They encourage one another to grow in their understanding of the Gospel as they live out their faith.

### **HOW IS THIS DIFFERENT FROM CLASSES & STUDIES?**

Community Groups are intended to foster deeper relationships with God and group members, which encourages greater transparency, transformation, and accountability during and outside group time.

### **INTERESTED?**

Fill out the Fall Class sign up form and check the box indicating you would like to find out more information about the launch on October 6, 2019. One of our Community Group coordinators will contact you.

# SUNDAY SCHOOL OPPORTUNITIES

9:30 - 10:30am

In addition to our seasonal classes, First Church offers a variety of Sunday School classes year round for all ages and interests. A list of our adult Sunday School classes and locations can be found below. Registration is not necessary. Email Lisa Bond at [LBond@FUMCPensacola.com](mailto:LBond@FUMCPensacola.com) for more information.

## Adult Bible Study

*Perry Home, 2nd Floor, PH209*

Bible study for adults of all ages using the Adult Bible Series published by Cokesbury. Great fun and fellowship.

## Bonding with the Bible

*Lower Sanctuary, Joe Harrell Library*

Bill Bond leads Bible study of various books of the Bible.

## Christian Families

*Lower Sanctuary, LS106*

Multi-age group of couples and singles whose classes include Bible study, guest speakers from First Church and the community, as well as member-led discussions. Many members participate in local outreach ministries through First Church.

## NEW! Church History

*9:30am | PH102*

Church History: The story of the Church is the story of man's travel through the ages. Church history forms the foundation of who we are as today's Christians. Come take a "global view" of this history to better understand who we were and who we might become. Led by David Boyd

## NEW! Disciple Fast Track II

*9:30am | The Wright Place, 2nd Floor, WP205*

This study is ideal for busy people who want to fit in an in-depth Bible study into their schedule. It will help readers deepen their understanding of scripture and identify some needs in the world for which ministry is needed.

Led by Laura & Earl McAuley

## Duell/Lipscomb

*Lower Sanctuary, LS118*

Proactive class for adults 50 and over using Bible based literature to study social concerns.

## Home Improvement

*Perry Home, PH201*

A thriving group of parents who meet to study the Bible and put what they learn into action.

## Intergenerational

*Wright Place, 2nd Floor, WP204*

A multi-age group that studies a variety of topics chosen by the class. New members are welcome to join this community for study and fellowship.

## New Life

*Wright Place, 2nd Floor, WP233*

A vibrant group of adults 50 and over who study a variety of topics with great leaders and much discussion. Visitors and new members are welcome on Sunday mornings and to their monthly socials.

## New Member Class - Introduction to First Church

*9:30am Perry Home, PH101*

We welcome all visitors and new members that are interested in learning more about First Church to an introduction class that consist of four parts.

## Open Minds, Open Hearts

*Wright Place, 2nd Floor, WP206*

Rich Bible-based sessions plus Christian fellowship outside of class.

## Parent Trap

*Education Building, 2nd Floor, Resource Library*

For parents of children birth to early elementary. Studies vary from parenting to Bible studies relating to current events and topics.

## Side by Side

*Lower Sanctuary, LS120*

Parents of children who desire to connect and to grow in their faith. Various topics including Bible studies, parenting, and marriage are discussed.

## Soul Feast

*Wright Place, 2nd Floor, WP203*

Interactive, Bible based covenant group facilitated by class members. Open discussion using a variety of materials.

## Spiritual Discoveries

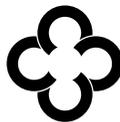
*Lower Sanctuary, LS117*

Bible study for adults of all ages.

## WOW!

*Perry Home, 2nd Floor, PH210*

Women in the Word! Exciting class for women seeking spiritual growth through study and discussion.



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CHURCH OF PENSACOLA**

6 East Wright Street | Pensacola, FL 32501  
850.432.1434 | [FUMCPensacola.com](http://FUMCPensacola.com)