

Food Box Suggested List

Feel free to add supplemental items.

2 cans veggies

2 cans of fruit

1 box macaroni and cheese

1 bag of rice

1 can soup

1 can chili

1 box fruit snacks

1 jar spaghetti sauce

1 pkg noodles

1 jar peanut butter

1 box saltine crackers

1 box of oatmeal

1 box pancake mix (add water)